1) You do **not** need to speak Spanish before you arrive.

2) You should make sure you have appropriate medical insurance for international travel. There are companies that Maximo Nivel can recommend to you.

3) Usually there are 3 – 5 people living in the family you will be placed with.

4) Money for expenses (for personal items, souvenirs, sight-seeing, public transportation) is up to you, the recommendation is $250 or credit card.

5) Water in Guatemala is **NOT** safe to drink out of the tap. It can be purified by boiling it or adding water purification tablets.

6) It is suggested that you have vaccinations for Hepatitis A and Tetanus.

7) You should check with your physician to make sure you are healthy for travel; do so at least 4 weeks before traveling.

8) You should think about bringing medication for “traveler’s diarrhea” – this should be discussed with your physician as well.

9) The trip is planned for May 14 – 21, 2012.